

"For me, I really enjoy it because its a workout! But you're not thinking about it. You're just having fun so you go for an hour or so -and the hour is gone and you're tired and you wonder what happened! Peter is a great instructor. Not only is he a master of everything, but more importantly he relates it to everyone no matter what their level. He's what I call: 'relentlessly positive!'"

-Ron, Business Owner / Father

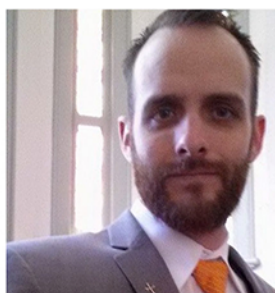


"This class was a hand's on informative, useful -and in some places even a fun experience. If you have ever been assaulted or experienced a dangerous physical trauma, this class would be a very important part of reclaiming your feelings of safety and confidence. If you haven't, it could well help you prevent one. I highly recommend it to you, your friends and anyone you love."

-Jeanne E. Weaver, Life Coach / Therapist

"Peter, I wanted to take a moment to say thank you for the self-defense class you taught for me and my family. The fact that we could have a private instructor in a private Dojo made it very comfortable for the entire family. As you know, my daughter attends college and she went back to school planning to share your techniques with her friends. The sad reality of the world today is that you just do not know when you will need to protect yourself from evil. Having spent time with you has made all of us more comfortable should that need ever arise."

-Bryan and Family



"In the bar industry, our young servers are always around all kinds of strangers and alcohol. I know several of my staff were interested in taking Self Defense classes; and when the word got out about how much fun it was to learn from Peter -several of them signed up and brought their friends in, too."

-Justin, Bar and Restaurant Manager

"Being young and female, its a little worrisome sometimes. Being able to defend yourself gives you a sense of security. It has made me feel proud, made me feel safer; it just makes you feel cool. Its honestly very self empowering! Once I get here I can go for 2 to 3 hours, like, I don't want to leave! -Do it. -Try it. -Its fun!"

-Kaylee, Photographer

